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DERWENT LONDON



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WELCOME

Welcome to the sixth issue of Sustainable, Derwent London's sustainability newsletter. In this edition we present you with two initiatives we were busy with this summer.

 \rightarrow 100 day challenge \rightarrow Fitzrovia and Tech Belt Community Fund



-IOO DAY CHALLENGE

In July, we launched the 100 day challenge. The objective was to bring our tenants and building management teams together, create individual challenges and promote energy and health and wellbeing experiences.

As a result, 15 of our buildings created 23 challenges focusing on energy and water reduction, increasing recycling stats and reducing stress levels. Some of the ongoing challenges are:

- Reduction in water use by 3%
- Reduction in electricity use by 5%
- Reducing stress levels with yoga classes

For more details please follow us on Instagram #Derwent100

The results of our achievements will be revealed in our next newsletter.

If you want to discuss energy savings at your office, please contact Justyna Tobolska, Sustainability Manager, justyna.tobolska@derwentlondon.com

For more details please follow us on Instagram #Derwent100



COMMUNITY FUND UPDATE

During 2017 we continued with our support of Fitzrovia and Tech Belt Community Fund. So far we have supported 7 charities across Fitzrovia totalling approx. £54,000 and £22,000 in Tech Belt area.

FITZROVIA

In Fitzrovia, applicants presented their projects at a community workshop.

Amongst the successful applicants was **Fitzrovia Youth in Action** who have run a series of intergenerational events through the summer. Local young people asked older residents what sporting and exercise activities they would be interested to take part in and subsequently devised a programme of weekly events that included boccia, badminton and walking football. All were welcome to try something new, along with a BBQ each week to keep energy levels up. It's been a great initiative for all involved and has helped strengthen community ties.







Come and join us this summer for BBQs and fun activities! Fitness, Exercise & BBQ Walking Football & BBQ Wednesday 19th July, 1-3pm Wednesday 9th August, 12-3pm

Boccia Tournament & BBQ Badminton & BBQ Thursday 17th August, 12-3pm Wednesday 23rd August, 12-3pm

All events take place in the Warren Pitch, Whitfield Place, WIT 5JX



Fitzrovia Youth in Action Intergenerational events **Fitzrovia Chapel Foundation** also received part of the Community Fund. A Grade II* listed secular chapel originally part of Middlesex Hospital, which was restored to its former glory in 2015. The aim of the Fitzrovia Chapel Foundation is to increase access to the chapel and for this amazing and unique space to be shared and used by the community around it. To this end a series of events have been curated for the coming months highlighting and celebrating some of the artists, such as Dylan Thomas, who lived and worked in the area and who are part of Fitzrovia's cultural heritage.



Fitzrovia Chapel Lineage event series



COMMUNITY FUND UPDATE

TECH BELT

In the Tech Belt, a community panel was convened with officers from the London Boroughs of Islington, Hackney and Tower Hamlets, and staff from Derwent London, to contribute to the decisionmaking process on choosing the winners. For more information, please see <u>www.derwentlondon.com/</u> <u>community-fund</u>

This year's projects are well and truly underway, and feedback from organisers has been really exciting, such as that from the Spitz Charitable Trust who organised music concerts for the residents at Bridgeside Lodge in Islington, a home caring for people living with conditions such as dementia, Parkinsons or life limiting illnesses. The events drew residents, some of whom normally don't venture outside their rooms, into the garden to listen to music and participate with musicians, staff and family members alike.

Since July Urban MBA have been running a business development programme for marginalised and socially excluded people aged 18-25 called Start It Up! This course helped participants develop a business plan, network with entrepreneurs across London and encourage them to launch their own business. The course culminated in a Dragons' Den event for the seven participants. In only 6 weeks all participants had created amazing pitches for their business which ranged from clothing/ lifestyle brands, health and wellbeing initiatives through to community event programming. The winner was awarded £500 towards their fledgling start up, with two runners up being awarded £250 each.





The Spitz: Music for well-being workshops

APPLY NOW!

On 3 October we marked the launch of our autumn Community Fund for the Tech Belt with a Community Teatime at our newly completed project White Collar Factory at Old Street and were pleased to see groups and individuals at the event. Up to £25,000 is available for autumn 2017. For further information please visit: www.derwentlondon.com/community-fund, or email <u>community@derwentlondon.com</u>. Application deadline is 10 November 2017.

For any community related issues please contact Helen Joscelyne, Sustainability Co-ordinator, helen.joscelyne@derwentlondon.com





DO YOU LIVE OR WORK IN THE OLD STREET AREA? GETTING A SMALL COMMUNITY PROJECT OFF THE GROUND? APPLY FOR THE DERWENT LONDON COMMUNITY FUND

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